

In Honor Of...

In Honor of

Elaina Lynn, new granddaughter
Ben and Alina
Sally Edington
Marganelle Henry

By

Steve & Elissa Cohen
Ned and Sally Edington
Phebe Edington
Jane Avery
Vickie Boxberger
Chris & Carolyn Henry
Jerry Henry Jr.
Jessica Henry
Matt & Anne Henry
Mary Pat Veerkamp
Angela Chester
Mary Hartzell
Julie & Mark Pope
Targeted Services, P.C.
Michele Kadenko-Monirian
Judy & Marty Thomas

Mary Alice Newton , My Mother
Betty Neidermeyer
Dr. Brenda O'Hara
Cindy Rasp
Kelly Zachrich

All baby pictures taken courtesy of Happinest Photos

In Memory Of...

In Memory of

Gary Andorfer
Kathleen Carsten
Jack DeHaven
Jerome Henry
My Mother, Marie Wolf Kelley
My Mom, Janet J. Leeper
Paul Michael Navarro

By

Cindy and Greg Wirtner
Angela O'Neill
Laura T. Wilson
Paula Henry-Bentley
Barbara Kelley Kraegel
Rhonda L. Leeper
Andrea and Ramon Navarro



Scene from Fall, 2008 Open House

Special Thanks/Volunteers

Shannon Bearman
Pam Brookshire
Megan Carbaugh
Meg Distler
Alice Eshelman
Sr Carole Langhauser
Dr. Deborah McMahan
Rob Patrick
Kathy Roudebush
Dr. Phil Tyndall
Eric Whicker
Kelly Zachrich
Areli Stollard
RSVP
Ani Etter
Wally Smith
Gary & Barb Boston
Fred & Phyllis Brand
Dick Bugher
Sue Eme
Diana Fair
Donna Gordon-Hearn
Phyllis Huffer
Glenn & Marcy Kanning
Louise Nahrwold
Marian Norris
Betty Peters
Dr. Chik Amechi
Attero Tech, LLC
Terra Brantley
Karen Failor
Friendly Fox
John & Debbie Gildea
Gary & Mary Glowaski

Andrew, Lysa and Caeli Reiger
Beverly Reiger
Fr. Daryl Rybicki
Eileen Rybicki
St. John the Baptist Catholic Church
Dr. Jessamine Hippensteel
Dr. Jieu Lowery
Dr. Jennifer Maag
Dr. Vip Mangalick
Dr. John Pagonis
Bob Kaminski
St. Joseph Hospital -- Maintenance
Martha Casselman
SHAREHOUSE/Love InDeed
Norine Martin
Dr. Brenda O'Hara
Darlene Schultz
Yvonne Niccum
Meg Mettler
Renee Sullivan
Win Rood
Kim Deitz
Alice DiNovo
Dr. John Csicsko
Lynn Giant
Cindy Rasp
Laura Dwire
Rhonda Leeper
Brian Schlictenmeyer
Ellen Graham
Carolyn Gorham
Sue Merz
Russ Neuman

Be sure to visit our website at
www.healthiermomsandbabies.org

In-Kind Donations

- Carrolls Furniture
- Caroline Chesney
- Christ Child Society
- Community Foundation of Greater Fort Wayne
- Mary Crawford
- Joseph Decuis Restaurant
- Margaret Distler
- Do It Best Corporation
- Ellen Durnell
- Alice Eshelman
- The Flower Gallery, Jaesoon Martin
- Fort Wayne Medical Education Program
- Brenda Geiger
- Happinest Photos, Janelle Roberts
- Indiana SIDS Foundation
- Barbara Knight
- Rob Patrick
- Project Linus
- St. Joseph Hospital
- Deborah Sturges
- Vera Bradley, Inc. *
- WANE TV*
- Kelly Zachrich



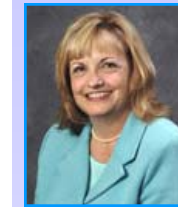
* denotes Luncheon sponsor



Healthier Moms & Babies Annual Report 2008

"Better Babies One Baby at a Time"

To Healthier Moms & Babies Supporters:



Dr. Brenda S. O'Hara

Dear Healthier Moms and Babies Supporters:

There has been a great deal of media attention lately on both Wall Street and Main Street. But sometimes what is important happens neither place, but on the side streets. An organization like Healthier Moms and Babies works "on the ground" addressing serious community issues like prematurity and low birth weight babies and barriers to prenatal care. Working with limited resources but using them maximally, Healthier Moms and Babies helps deliver better babies, one baby at a time.

There has not been a time since the inception of the program when so many people might be at risk. It is known from prior research that during troubled economic times people may begin to skip important medical appointments and be less able to afford high quality nutrition. Healthier Moms and Babies acts as a safety net for pregnant women and young mothers to make sure they get to their prenatal visits, to make sure they access the social service agencies that can help them with food and clothing and shelter.

The babies being born in 2009 will inherit a world that may be challenging. Healthier Moms and Babies provides the right foundation for healthy bodies and healthy minds by preventing premature birth and low birth weight babies. We owe it to ourselves and our future generations to make sure this program continues its great work by providing them with our ongoing support .

Sincerely,
Brenda O'Hara, MD, CEO
Fort Wayne Medical Education Program

Healthier Moms and Babies so appreciates Dr. O'Hara's support the last five years. We wish her the best of luck in her new endeavor teaching at the Indiana University School of Medicine, Fort Wayne.

Healthier Moms & Babies Advisory Board & Staff

2008 Advisory Board:

Sr. Carole Langhauser
Chair
St. Joseph Hospital
Dr. Phil Tyndall
Vice Chair
Retired
Kathy Roudebush
Secretary
Attorney
Eric Whicker
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Megan Carbaugh
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*St. Joseph Community Health
Foundation*
Alice Eshelman
Joseph Decuis Restaurant
Dr. Deborah McMahan
*Fort Wayne—Allen County
Dept. Of Health*

Rob Patrick
1st Source Bank
Kelly Zachrich
Super Shot, Inc.

HMB Staff:
Sally Edington, LSW *Director*
Louise Magoon, RN, MSN *Staff Nurse*
Debra O'Bryan, RN *Staff Nurse*
Brenda Geiger *Administrative Assistant*



Sr. Carole Langhauser

Dear Friends of Healthier Moms and Babies,

As I complete my term as chair of the advisory board of this tremendous organization, I look back on the many accomplishments of 2008. In January, the staff moved to new and expanded office space in the Medical Office Building of St. Joseph Hospital. This move gives the agency a higher visibility among physician offices—more people are stopping by just to check out what Healthier Moms and Babies is all about. At the annual luncheon, Marganelle Henry received the first Inspiration Award. Her son, Mayor Tom Henry, was the keynote speaker who capped another successful fundraiser. The open house in October allowed the staff to showcase their new office; but more importantly to network with physicians, office staff and interested community members.

This fall the number of referrals has seen an increase. This comes as no surprise as we see the effects of the economy in our city and surrounding area. The demand on social service agencies, such as Healthier Moms and Babies, will only increase as they serve clients who have never had to access help in that way before.

The shift in the economy has also put a crunch on foundations and other philanthropic groups who support us. We are most grateful for the grants we have received in 2008 and for all of the private donations we have been given throughout the year. Generous hearts have kept alive the mission of Healthier Moms and Babies—*Better Babies—One Baby at a Time.*

Thank you for your support of this organization. Your gifts, no matter the size, have touched hearts and lives for the better.

Sincerely,
Sister Carole Langhauser, PHJC
Chair, Advisory Board

Funders

- Community Foundation of Greater Fort Wayne
- Do It Best Corporation*
- Foellinger Foundation
- Indiana State Department of Health
- Lincoln Financial Foundation, Inc.
- March of Dimes Foundation-NE Indiana Division
- Parkview Women's and Children's Hospital*
- Physicians Health Plan *
- Rolland Foundation
- Dr. Louis & Anne B. Schneider Foundation
- St Joseph Community Health Foundation
- Tobacco Free Allen County Inc.
- Women's Health Advantage*

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- Gloria Baumgartner
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- Sharon Beck
- Karyn Bentley
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- Paul Blusys MD
- Vickie Boxberger
- Lisa Boyer
- Terra Brantley
- Pam Brookshire
- Judith Buesching
- Kathleen Bugert
- Peg Bugher
- Angie Buss
- Leslie Byrne
- Patricia Campbell
- Manuel & Kera Cervoni
- Teresa & Alex Choka
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- Mary Crawford
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- Nancy Dwire
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- Margaret Eberly
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- Ned & Sally Edington
- Phebe Edington
- Lisa Effinger
- Amanda Elliott
- Angel Endicott
- Alice Eshelman
- Mary Etheart
- Hillary Evans
- Wanda Fitzgerald
- Nancy Flennerly
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- Elaine Fremion
- Tim & Brenda Geiger
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- Laura Michael
- Laurie Giant
- Lynn Giant
- Mary Glowaski
- Marcia Haaff
- Polly Hagedorn
- David Haist
- Dede Hall
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- Nancy Hankee
- Joan Harris
- Sherri Hart
- Sally Hartman
- Connie Heflin
- Ann & Charles Heiny
- Jessica Henry
- Anthony & Jacqueline Henry
- Chris & Carolyn Henry

Making a Difference in 2008...

- Jerome & Marganelle Henry
- Thomas & Cindy Henry
- Kurt Henry
- Matthew Henry
- Tony & Susan Henry
- Paula Henry-Bentley
- Tammy Henry
- William & Barbara Hicks
- Aisha Hicks
- Steve Hoffman
- Robin Holley
- LeAnn Hostetler
- Ingram Book Company
- Kathleen Jackson
- Dr. R. Ryan & Krista Johnson
- Donna S. H. Jones
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- Dianne Knight
- Alice Kopfer
- Barbara Kraegel
- Shelby Lamm
- Kelli Lee
- Martha Lemert
- Paul T. Linn
- Amy Litchin
- Louise Magoon
- March of Dimes
- Joan Marcuccilli
- Anne Martin
- Norine Martin
- John & Delane Marynowski
- Dr. Michael & Grace Mastrangelo
- Ann McAlexander
- James & Agnes McArdle
- April McCampbell
- Sandra McGill
- Sharon McLaughlin
- Deborah McMahan MD
- Ed & Sue Merz
- Anne Mettler
- Meg Mettler
- Laura Michael
- Anne Miller
- Sherri Miller
- Susan Miller
- Tom & Cheryl Milligan
- Stephanie Moen
- Lisa Momper
- Kevin & Patricia Murphy
- Kathi Murphy
- Susan Mutton
- Gary Nackers
- Russ & Paula Neuman
- Mike & Yvonne Niccum
- Helen Nill
- Eleanor Ochoa
- Dot O'Neil
- Laura Ottenweller
- Susan Owens
- Lanessa Parker
- Fran Pasalich
- Rob Patrick



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- Debby Penar
- Melinda Perry
- C. Lynne Pollifrone
- Poor Handmaids
- Cindy Rasp
- Sarah Reincke
- Arlene Reynolds
- Kathy Roesler
- Phyllis Ronner
- Kathy Roudebush
- Richard & Shari Roy
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- Jeanette Schouweiler
- Amanda Senger
- Paul & Kitty Shanahan
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- Eunice Shoaff
- Fern Short
- Dorie Sitko
- Hazel Sitko
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- Tech Defenders, Inc.
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- United Way of Allen County, Inc.
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- Kelli Vaughan
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- Richard Weber
- Monica Weigand
- Eric Whicker
- Virginia Whitlock
- Jan Wilhelm
- Paige Wilkins
- April Wilson
- Sonya Witte
- Sue Wolpert
- Deniece Woodson
- Kelly Wright
- Kelly Zachrich
- Joan Zeiger
- Kellie Zink

* denotes Luncheon sponsor



From the Director

Looking at 2008 in the rearview mirror and at what lies ahead, Charles Dickens has been rolling around in my head--"It was the best of times, it was the worst of times" and "The Tale of Two Cities".

There were so many positive accomplishments this year for Healthier Moms and Babies—moving into our new office, expanding two positions to full time with benefits, our best attended and most successful luncheon ever. More babies were born to mothers we served this year than any in our history. It was the best of times.

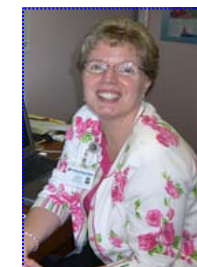
And then the storm clouds began to form. In August we learned that due to decreases in state funding, we would receive no funding from the Indiana State Department of Health for 2009-2010. By the fourth quarter, we had a more than 150% increase in calls for our service. Not only are we getting calls from people who have never needed social services before, but the poor are getting poorer. By the end of the year, we began to hear that foundations' funding may be down by a third.

I wouldn't call this the worst of times—yet. But the Tale of Two Cities is becoming more of a reality than ever before. I used to think of society in general, and Fort Wayne in particular, as a place where the majority have enough or even a lot, and a minority are in need. But in these times, it seems the balance is shifting, and we may soon have many more of those in need.

We may look back at 2007-2008 as a sort of Golden Age of Healthier Moms and Babies, as we push through the next two years. We're already watching every dollar, seriously considering the impact of every expenditure on service delivery and the bottom line.

And so, dear friends and supporters, we're especially grateful for your gifts and support. Even more important than the office, the luncheon and expansion were the 50 babies born this year, including the three sets of twins! We pray that you and Healthier Moms and Babies will be spared the hardships we see around us in the Tale of Two Cities!

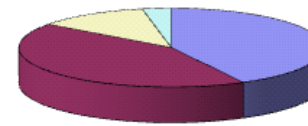
With Warm Regards,
Sally Edington, LSW
Director



Sally Edington

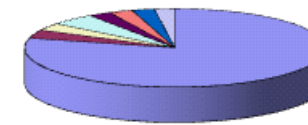
Be sure to visit our website at
www.healthiermomsandbabies.org

2008 INCOME



Source	Percentage	Amount
Indiana State Dept. of Health	42.2%	\$ 80,028.00
Foundations and Organizations	42.8%	81,367.00
Fundraiser	11.9%	22,466.00
Donations	3.1%	5,819.00
TOTAL		\$189,680.00

2008 EXPENSES



Category	Percentage	Amount
Salaries/Consult Fees	79.0%	\$139,530.00
Marketing/Newsletter	3.5%	6,212.00
Technology	3.1%	5,407.00
Office Expenses	4.8%	8,676.00
Fundraising	2.4%	4,254.00
Mileage/Conferences	2.6%	4,507.00
Educational Materials	2.4%	4,267.00
Relocation Expenses	2.2%	3,898.00
TOTAL		\$176,751.00

HEALTHIER MOMS AND BABIES 2008 STATISTICS AND OUTPUTS

	2008	Compared to
Number of Families Served	117	97 in 2007
Number of Births	50	37 in 2007
Average Birth Weight	6 lbs 5 oz	5lbs 8 oz*
Average Gestational Age	37.7 weeks	37weeks*
Average 1 Minute APGAR	7.5	7 or higher**
Average 5 Minute APGAR	8.6	7 or higher**
Number of Educational Presentations	8	goal-8
Total Number of Attendees at Presentations	112	goal-60

2008 Accomplishments:

- Moved to a more visible and accessible office
- Expanded two positions to full time with benefits
- Three staff became certified family development specialist and smoking cessation facilitators
- Purchased a display board for conferences
- Hosted a successful Open House

*Medical Standard